

Perpetual Eucharistic Adoration

Jesus is here!

On December 8, 1987, Perpetual Eucharistic Adoration was begun at St. Anthony's in the Church. Our Eucharistic Adoration Chapel was built in 1989, with the first Mass offered in the Chapel on January 4, 1990, and on March 9, 1990 the Chapel was blessed by Bishop Walter Schoenherr.

Over time, participation in Perpetual Adoration has declined. This year, designated by Pope Benedict 16th as *The Year for Priests*, (June 19, 2009 - June 11, 2010), through the support of our Pastor, Father Brian and the Worship Commission, renewed interest in Perpetual Adoration will be promoted. To that end, we ask that you seriously consider committing one hour per week in our Chapel in adoration before our Eucharistic Lord.

On the back of this sheet is a list of the times (there are 168 hours in a week that need to be covered) including those currently filled, based on sign-in sheets for the past few weeks. A sign-up form can be found below; please take it home and during your prayer time, consider whether you are able to commit to one of the hours available. You may make your commitment by calling the Parish Office, or returning this form in the collection basket.

Yes, I will spend ONE HOUR WEEKLY with Jesus,
present in THE MOST BLESSED SACRAMENT.

Please fill in the day and time you prefer,

Day Time

or check one of the general areas and we will place you as needed.

MORNING (6:00am to Noon)

AFTERNOON (12:00pm to 6:00pm)

EVENING (6:00pm to midnight)

NIGHT (midnight to 6:00am)

“The Eucharist is the zenith toward which the activity of the Church is directed; at the same time it is the source from which all her power flows!”

Constitution on the Sacred Liturgy



Name : _____

Telephone Number: _____

You will be contacted by phone to verify your commitment.



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What are some of the spiritual benefits and graces generally attributed to maintaining a Parish Perpetual Eucharistic Adoration?

- ◆ Increased Mass attendance and Confessions
- ◆ Increase in priestly and religious vocations
- ◆ The return of fallen-away Catholics and conversions to the faith
- ◆ Heightened spirituality
- ◆ Marriages restored
- ◆ Greater unity
- ◆ Inner peace

Come and pray with Christ

In the Most Blessed Sacrament, He is constantly offering Himself to the Father in a spirit of adoration, thanksgiving, reparation, and petition. Come and pray with Him.

Come and pray to Him

He Himself is God and deserves the worship of adoration, and thanksgiving, and reparation, and petition.

Come and pray as you like

- ◆ Recite your favorite prayers.
- ◆ Contemplate acts of faith, hope, charity, adoration, thanksgiving, reparation,
- ◆ Petition: obedience, humility, resignation...or whatever virtue appeals to you as you pray before the Blessed Sacrament.
- ◆ Meditative reading
- ◆ **Offer your time before the Eucharistic Lord for a special intention.** Cards will be available in the Chapel that may be filled out & sent to those we pray for.

Imagine for a moment that we are living in Jesus' time and He has invited us to visit with Him and share a meal with Him. Knowing who He was, we would be humbled by this invitation. We would put all our effort - our whole self - into being there with Him.

The good news is that Jesus IS here with us today - body, blood, soul and divinity - in the Eucharist. Although Jesus comes to us under the appearance of bread and wine, His presence is as real to us NOW as He was real to His disciples when He walked this earth. He can perform miracles, heal us, teach us, love us; we can talk to Him and He can speak to us through His Word (Holy Scripture) and through the Holy Spirit who lives in us through our baptism.

Jesus, who is Love, invites us to come to Him, to share our lives with Him, to love Him, to simply be present with Him in this Most Blessed Sacrament.

Will you come?

*The greatest love story of all time is contained in a tiny white host
- Archbishop Fulton Sheen*



*"In the Holy Eucharist
-- this is also the
meaning of perpetual
adoration --*



*we enter into this movement
of love
from which all interior progress
and all apostolic efficacy
springs"*

- ◆ **Allow Christ to work on you; allow Christ to work through you.** By your presence, and your prayers, and your sacrifices, make Christ reach through you with His grace, into your family, into your parish, your community, the country, the world.
- ◆ **Allow Christ to Preach through you.** By being in the presence of the Real Presence, you are telling the world that the Blessed Sacrament is not a thing but a person, the Person of the Word of God made Man, made Sacrament.
- ◆ **Preach Him!** The Real Presence is being doubted, is being questioned, is being denied. Come and affirm it by your presence.
- ◆ **Pray perseveringly.** Never give up on prayer, no matter what the difficulties. Distractions in prayer? They are not displeasing to Christ, unless they are willful. In fact, they are occasions of love: because we love Him, we bring ourselves back from our distractions and prove our love. **No prayer goes to waste. Never give up on prayer.**

*"The Church and the world have a great need of Eucharistic worship. Jesus waits for us in the this sacrament of love. Let us be generous with our time in going to meet Him in adoration and in contemplation that is full of faith and ready to make reparation for the great faults and crimes of the world. May our adoration never cease."
Pope John Paul, II*